

Samosa

APPLICATION

An innovative menu item inspired by Indian cuisine, meeting multiple crediting requirements and having proven appeal among kids

SERVING INFORMATION (90 G)

M/MA	Legume	Veg	WG
2	-	1	2
1/2	1 1/2	1	2

BENEFITS AND APPLICATIONS

- Optimize credit fulfillment with single dish
- Excellent nutritional qualities: low in fat and cholesterol, zero trans fat, low sodium
- Flavor kids love and visually appealing

A golden brown puff pastry with savory filling, the Samosa is served as a main course and could be paired with a variety of dipping sauces

FORMULATION AND PROCESSES

COOKING INSTRUCTIONS FOR 4 # BAG

1. Place on parchment paper lined sheet pan and frozen
2. Bake at 350°F in convection oven for 15 minutes or until reaches internal temperature of 165°
3. To maintain 165°, hold underneath heat lamp

NUTRITIONAL INFORMATION

Nutrition Facts

Serving Size 3 peices (156g)
 Servings Per Container

Amount Per Serving

Calories 320 **Calories from Fat 25**

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 380mg **16%**

Total Carbohydrate 58g **19%**

Dietary Fiber 8g **32%**

Sugars 10g

Protein 17g

Vitamin A 25% • Vitamin C 8%

Calcium 8% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENT STATEMENT

Water, Ground Chickpea, Whole Wheat Flour, Enriched Wheat Flour (wheat, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Red Lentils, Milk Solids, Dehydrated Onion, **Hydrolyzed Whey Protein Isolate**, Dehydrated Celeriac, Dehydrated Carrot, Sugar, Natural Flavors, Butter Powder [butter (cream, water, salt), nonfat milk, tocopherols, ascorbyl palmitate], Modified Starch, Canola Oil, Dehydrated Garlic, Spices, **Flaxseed**, Potassium Chloride, Salt

ALLERGEN INFORMATION: contains milk and wheat ingredients

SHIPPING INFORMATION

Stock number	pending
Pack	6/4#
Serving/case	48
Cs. Dim / Cube	.887
Ti/Hi	9/5
Pallet	45 cases
Lead time	3 weeks
Terms	Net 10 days
Case wt	24 lb
Shelf life	Use stock in rotation up to 10 months
Minimum order quantity	1 pallet



Signature of Company Representative:

Patrick Michael

Date: January 29, 2015

